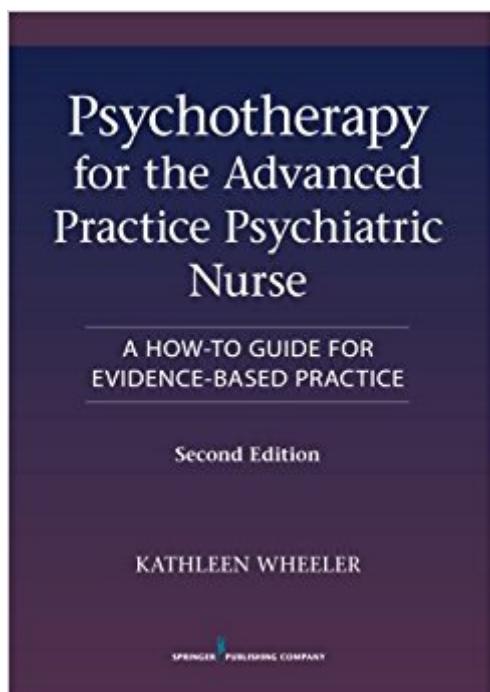


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# Psychotherapy For The Advanced Practice Psychiatric Nurse, Second Edition: A How-To Guide For Evidence-Based Practice



## Synopsis

Dr. Wheeler has skillfully crafted a text that covers basic psychiatric principles and skills from developing a therapeutic relationship and assessing and diagnosing the client to providing evidence-based psychotherapy for a variety of patient populations... This text is an excellent primer for teaching therapy skills and, although targeting graduate psychiatric nursing students, would prove equally valuable for students of any mental health discipline. It is also a resource for experienced clinicians wanting to expand their understanding of trauma and how adaptive information processing might be used as an organizing framework for all psychotherapy. --Linda Mabey, *Journal of EMDR Practice and Research*

**DESCRIPTION** This is a how-to compendium of evidence-based approaches to practicing psychotherapy for both the experienced and neophyte advanced practice psychiatric nurse. This book integrates neuroscience with relationship science and unites disparate psychotherapeutic approaches into a model that is concise and straightforward, yet sufficiently comprehensive to provide a framework for practice. The most useful therapeutic models are highlighted with principles, and techniques of treatment for nurse psychotherapists and those with prescriptive authority. This second edition expands the award-winning first edition, providing guidelines, forms, and case studies to assist APPNs in deciding which treatment to use based on psychotherapy outcome studies and practice guidelines.

**New Chapters in the Second Edition:** Motivational Interviewing Dialectical Behavior Therapy Group Therapy Family Therapy Eye Movement Desensitization and Reprocessing (EMDR) Therapeutic Approaches for Addictions New CPT Codes & Reimbursement

**Awards and Reviews for the First Edition:** APNA Media Award AJN Book of the Year Award 5 Star Reviews 4 Star Doody Review

Lays out a holistic paradigm for advanced psychiatric nursing (APN) practice by drawing upon a neuroscience of information processing, human development, attachment theory, and trauma. . . (and) explains the essentials of psychotherapy by melding principles underlying the therapeutic alliance, adaptive information processing (AIP), change, and a hierarchically arranged treatment format that fosters healing through the resolution of dysfunctional memory this important text holds true to the historical basis for psychiatric nursing being organized around phases and principles of the nurse-patient relationship. Margaret England, PhD, RN, CNS, *Perspectives in Psychiatric Care* Wheeler offers the field a scholarly training manual. . . grounded in Shapiro's (2001) adaptive information processing paradigm . . .(where) the brain is viewed as an information processing system with innate self-healing mechanisms that regulate its internal environment to survive and to maintain a stable, constant condition through dynamic regulation. Robert M. Greenfield, PhD, *Journal of Trauma & Dissociation*

## Book Information

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## Customer Reviews

Katherine Wheeler, Ph.D., APRN-BC, FAAN, is certified by the ANCC as a clinical specialist in adult psychiatric-mental health nursing and a psychiatric mental-health nurse practitioner. She is also certified in EMDR, psychotherapy and psychoanalysis, hypnosis and outcome measurement. Dr. Wheeler is Professor of Nursing at Fairfield University, USA and has a part-time private practice in psychiatric nursing specialising in trauma. She is currently conducting outcome research on EMDR and is on the Editorial Board of the Journal of EMDR Practice and Research as well a member of the EMDRIA Board of Directors. She is a fellow in the American Academy of Nursing.

This text provides a fantastic introduction to psychotherapy for the entry level Psychiatric Mental Health Nurse Practitioner.

Great overview and in depth discussions on therapeutic practice.

Fantastically written, comprehensive, concise, pertinent. Recommended for all aspiring PMHNPs. The best survey text I've read so far on current psychology, a wealth of information.

Perfect for long packing - no friction blisters!

Excellent book. A must read for all PMH APRNs and PMH APRN students.

Makes complex issues much easier to understand. I am very satisfied and I would highly recommend it. I thank you.

e-book would not download with page numbers, so I had to return it for a refund. Kindle states this e-book did not have page numbers.

Well done and well organized. To the point and interesting to read. I bought the ebook version and love the flexibility and ease of taking notes.

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